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A BUNDAL OF *Spirituall Meditations*, FOR THE Souls Advantage,

Of all those who would rightly improve them: Collected together in Metre.

By one, *who wisheth GOD to be glorified in the Salvation of Souls.*

GLASGOW:
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BRITISH MUSEUM

To the *READER.*

KInd Reader, I hope you'll not be nice,
To catch all Errors as they were Vice,
If ye do find them in these Lines;
But rather sink them in your Minds,
And think then on the good Design:
Which is that ye your Souls should mind,
And have your thoughts set on high
Upon your Lord, who once did Die,
And that ye may improve your Time,
And Talents to a good design,
And that ye may abstain from Sin,
If ye to Glory would be in.
Now Reader, these few following Lines,
They were Compos'd unto the Minds,
Of such as unto Songs inclines;
And often times do fill their Brains,
With that which is not for their Gains.
Therefore I do you here advise
If ye in Time will prove more wise,
And let your thoughts uptaken be,
In minding your Mortality;
And thinking on the things that's best,
That Heaven at last may be your rest.
And think upon these following Lines,

Which

Which may be as golden Mines,
From which ye may draw out much ſtore,
For your own good for evermore.
And let baſe Songs forſaken be,
If that ye would triumph on high.
And think upon your natural State,
And what at laſt will be your Fate,
And if ye be in Chriſt or no:
When unto Death's gates ye muſt go:
For if he be not your Refuge,
When he ſhall come to be your Judge,
Then ſad will your Condition be:
When others will be ſet on high.
Therefore conſider and be wiſe,
And lay up ſtore for better Days,
And have not then your Oil to taſte,
When others will get the beſt Feaſt.
Matth. xxv. *Verſes* 8, 9, 10.
Your Souls Advantage I deſign,
And more to write does not incline;
Therefore take heed and be content,
Your Time in Godlineſs be ſpent,
That ye may have your Lamps clear burning,
When others will be ſad and mourning.
Matth. xxv. *verſe* 7. 11.

MAN entereth an Eſtate forelorn,
Into the World aſſoon as he is Born.
Job 5. and 7.
So if ye would then happy be,
To Chriſt our Saviour let us flee.
John iii. *verſe* 15, 16.
Round the World if we will go,
Even through it all there is none who
So fit and able is us to ſave.
Heb. vii. *verſe* 25.
So ſoon as in him we believe:
So if we would eſtabliſh'd be,
Upon him who did for his *Die*,
Soon let us then be penitent,
And redeem Time we have miſpent,
Iſaiah lv. *verſe* 7.
Now let us flee to him with ſpeed,
None elſe but he can give Remead.
Another way cannot be taken,
Soon elſe we ſhall be but miſtaken.
Acts iv, *verſe* 12.
Moreover then we muſt forbear,
Into an ill Conrſe for to ſteer.
Ezekiel i. *verſe* 4.
To get Heaven's prize let us run,
1 *Cor.* 9 *verſe* 24.
He help us will if we'll begin,
Ezekiel. x. 12. *Iſaiah* xl. *verſe* 29.
And if we ſhall run out that race,

Round

Round then the Mark we ſhall in peace,
Phil. iii, 13. 14.
Caſt then your care on Chriſt indeed,
1 *Pet.* 5. 7.
He cared for us in our need,
Iſaiah 53. *verſe* 4.
If we would anſwer ay his Call,
Becauſe he lifts us when we fall,
And when we are in a dark Caſe,
Lo then he liſts on us his Face,
Downward he would even caſt his eye,
Every where as he goes by.
Iſaiah 16 *verſe* 8.
Drawing up his Peoples hearts,
Col. 3. *verſe* 2.
Moving moſt ſweetly with Heaven's darts,
One Hour of ſuch ſweet Heavenly Fare,
Nothing below can it compare, *Col.* 3. 4.
Soar then aloft with our deſire,
To be with him let us aſpire. *Phil.* 1. *ver.* 23.
O when ſhall blow that Heavenly air,
With which he'll ſend to us ſuch fare
Nothing elſe can give content;
Then praiſes to his Name be ſent.

A Morning Hymn.

EAch Day when I at Morn do riſe,
And reflecting upon my Ways;
I find great cauſe for to bemoan,
The wofull ſtate I was in Born, *Iſaiah* 16. 4.
Being far from God, and without Chriſt,
In a worſe ſtate than a brute Beaſt, *Eph.* 2. 12.
But thinking now what I muſt do,

That I may win even Chriſt unto,
I find it left upon Record,
In words of our moſt deareſt Lord
If I would Live and not die,
In heart I muſt unto him flee. *Ezek.* 33. 11.
For he hath ſaid he'll caſt out none
Who unto him by Faith do come, *Joh.* 6. 37.
But unto him I cannot go,
I am by Sin diſabled ſo: *Rom.* 7. 18.
But caſting yet another thought,
He muſt do all, I can do nought. *Phil.* 2. 13.
For he to his is all and Sum, *Col.* 3, 11.
And he can cauſe me to him come, *Joh.* 6. 44.
Therefore on him I'll caſt my care,
1 Pet. 5. *verſe* 7.
And praiſes to him evermore.

A Hymn for the Mid-day.

AT Noon-tyde of the Day
When I look to the Sun, *Pſal.* 8. 3.
Who was aſcending high,
But now downward doth run, *Pſal.* 19. 4. 5.
Then had I need to take good tent,
How much of my Time I've ſpent, *Job* 7. 1.
For tho' my Souls work it ſhould ſtand
Time will not be at my command, *Job* 7, 6.
So ought I then to watch and Pray,
Mark 13, 33.
That I be ready in that Day,
When he ſhall come who is my Judge
That I in him may find Refuge, *Mat*, 25, 10.
And that in Time my Work be wrought,
As in his Word he hath us taught, *Phil*, 2. 12.

Seing

Seing my Time is of quick motion *Job* 7, 6:
It ſhould be to me a great occaſion,
That I in Time upſtirred be,
Unto the work of my Salvation,
That I may have my work wrought out,
Before my Death withouten doubt, *Eccl.* 12: 1.
That this may be my great intent,
Unto his Name be praiſes ſent.

An Evening Hymn.

AT Even-tide of the Day,
When I the Sun do ſee;
Who was both clear and bright,
Now haſteth from my Eye, *Pſal.* 19 6.
Now muſt I think how ſhorts my Time,
That I ſhall here remain. *Pſal.* 103, 15, 16.
Which poſteth faſt away,
Cannot be call'd again, 1 *Peter* 1. 24.
For when I ſee the Sun deſcending,
I muſt then think my Times near ending,
For as faſt as the Sun deſcend,
So faſt my time poſt to an end, *Eccl.* 8. 8. & 12. 7.
And when I ſee the Sun down gone,
I ought my Caſe then to bemoan;
Becauſe my Day I've ill ſpent,
I ſhould therefore be penitent; *James* 4. 9.
And when I go unto my Bed,
My Cloaths being off and I'm down laid,
Then ſhould I think what is the Grave
Wherein I'll ly as I believe, *Eccl.* 12. 7.
Which ſhould make me for to adviſe,
In what poſture all men ſhall riſe, *John* 5. 29:
Seing we ſhall all raiſed be,
As in the Scripture we do ſee, *Acts* 24. 15.

And ſeing it is a certain thing
That ſome ſhall weep, and ſome ſhall ſing,
2 Theſſ. 1 *verſe* 6, 7, 8, 9, 10.
Then ſhould we take our Lords adviſe,
If we in time would prove wiſe,
And cloſe with him upon his terms, *Iſa.* 55. 7.
Who does embrace his in his Arms, *Mark* 9. 36.
And if theſe terms we would know,
Unto his Word then let us go,
Where we ſhall find them all ſet down,
If we would ſeek the Bible round,
And if theſe terms we do not know,
Unto *Iſaiah* let us go;
Into the Chapter Fifty five,
And Verſes ſeventh we'll them deſcrive,
And if of theſe we would have moe,
Likeways to *Matthew* let us go,
Into the Sixteen Chapter of his Book
Verſe Twenty fourth there we may look,
Where we will find them ſet down ſo,
If after him we would go;
Lord that to theſe we might conſent,
And with the ſame even be content:
In hopes he'll help us ſo to do,
Honour and Praiſe his Name unto.

An Advice to be Heavenly Minded.

NOw let us learn to live above,
And on heavens beauty ſet our love,
Col. 3 *verſe* 1. 2.
Who had his Beauty here ſo marr'd,
That many People at him ſcar'd. *Iſa.* 53. 3.
Humbling himſelf on Earth ſo low.
That he into the Grave did go. *Phil.* 2 8.
All this was for his Peopl's Sake, *Iſa.* 53, 5.

That

That many with him he might take
For he is highly now aſcended, *Phil.* 2. 9.
That we ſhould be all heavenly minded,
Raiſing our thoughts above the Sky, *Pſ.* 8. 3.
Thinking on him both Night and Day,
Whoſe thoughts from Eternity, *Prov.* 8, 31.
Was for his Elect we may ſee:
That this Deſign he might perfite,
In minding them he took delight,
As in the Scripture does appear, *Pſal.* 4. 8.
So in his Life when he was here, *John* 17. 9.
He was deny'd to reſt and ſleep, *Pſal.* 22. 2.
That he his People from Death might keep,
Iſa. 53, *verſe* 6.
And that they might for ever Live,
He ſuffer'd death was laid in Grave, *Iſa.* 53. 9.
But Death and Grave could not him keep,
Acts 2. 24. and chap. 3. 15.
He making it to his Folk a ſweet ſleep,
1 *Cor.* 15, 18, and 51.
Now let his Name for ever praiſed be,
Who humbled was and died on Tree,
Let him the Honour of all take,
Who humbled himſelf for Rebel's ſake,
And unto him all Glory be,
Who did for all his People die;
And roſe again on the third Day.
That ever they might his Praiſes ſay,
For Glory and Praiſes is his due,
From Men and Angels not a few,
And it will alſo be the Work,
Of all the glorified Folk;
To render Praiſes to his Name,
And ſo we ſhall Conclude: *Amen.*

An

An Advice to think on the evil that is in Sin, and the ſad Conſequences thereof.

LEt's think what evil is in Sin,
That lurks the Hearts of Men within,
And how it does our Lord diſpleaſe,
Who to his Folk provided eaſe;
And how it does our Lord offend,
Who is on his Way to come again,
To be the Judge of Quick and Dead,
As in the Bible we do read, *Acts* 10, 42.
And for to render Recompenſe,
To all who hath done him offence,
Let's think what evil Sin muſt be,
Which was the Cauſe our Lord did Die;
And is to him ſo great a Foe,
And brought poor Man ſo very low,
That he can do nothing in this Caſe,
To gain the Love blinks of his Face;
But is reduc'd to ſhame and fear,
While he in Nature remains here.
Then think what evil Sin muſt be,
Which hath brought Man to miſery;
And does our Lord ſo great offence,
Iſa. 64. *verſe* 10.
That we will never Recompenſe,
For by it he is ſo offended,
That nothing leſs then Death could mend it;
And that the Death of his own Son,
Who for that evil thing was bound,
Mark 15. *verſe* 1.
And deliver'd up to wicked Hands,
For Sin that break the Lord's Commands,
Let's then forſake that Tyrant Sin, *Zech.* 1, 4.

Which

Which did all Men unto Death bring:
And ſtill it does our Lord offend.
Let's then forbear and it mis-kend, *Iſa.* 55: 7.
And ſee that ye your Life amend, *Hoſ* 14. 8.
For Sin does break the holy Law. *Gal.* 3. 10.
Therefore beware and ſtand in aw,
And do not offend that holy GOD,
If ye with him would have abode.
For God cannot well pleaſed be,
With ſuch as love their ſin we ſee, *Pſal.* 12. 3.
But certainly will them devore
In Hells Fire for evermore, *Pſ.* 9. 17. *Pſ.* 11. 6.
Now judge what evil is in Sin, *Rom.* 8. 7.
Which all this wo on Man does bring,
No Man can tell the ill thereof,
Tho' many at it laugh and ſcoff,
They will both Drink and Swear,
And alſo Curſe and Ban, *Pſal.* 10. 7.
And will it not forbear, *Pſ.* 12. 4.
Tho' they be mortal Men,
And when they do get a rebuke,
They caſt on Vice another Cloak, *Pſ.* 12. 2.
And think the Man their mortal Foe,
That would have them in God's way go,
1 *Kings* 22. 8.
And will flee to another ſhift,
Like People taken in their Thift; *Mark* 6, 23, 26.
But then he'll come that is the Judge,
Then Sinners will have no Refuge,
Who would not to him give ear,
When he did call them for to Fear, 1 *Pet.* 1. 17.
Therefore on them he'll turn his back,
And this will be their ſadeſt wrack,
Mat. 22, *verſe* 13.

When

When they from him muſt depart
Into Hells Fire for them prepar'd
And there ſhall their long lodging be,
Even through all ages of Eternity,
Then hearken all and give good ear,
And ſee that ye the Lord do fear, *Deut.* 11, 13.
And alſo walk in his good Way,
And ye'll be happy in that Day,
When he will call you to Accompt,
Of all your Deeds your Time throughout,
Mat, 25, 19.
And will give forth a Sentence juſt,
Both to the Curſed and the Bleſt,
Mat, 25, 34, and 41.
And both of them ſhall then Depart
Into the Places for them prepar'd,
And there ſhall they for ever be,
Through Ages of Eternity, *Mat*, 25, 46.
Of this Diſcourſe I'll make an End,
Wiſhing ye may your Time well ſpend,
And of the Judge approven be,
When ye ſhall ſee him with your Eye,
Math, 25, 34.

GOD bleſs the above Deſign,
That all may bear it in their mind,
And ſo be fited for their Death,
So long as they do Live and Breath.

FINIS.

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